

Nutrition_Extras-Oct 2008

Name of Product	Number Pieces/Slices Per Portion	Energy per 100g (kcal)	Energy per Food Portion (kcal)	Protein (g/100g)	Protein per Food Portion (g)	Carbohydrate (g/100g)	Carbohydrate per Food Portion (g)	Fat (g/100g)	Fat per Food Portion (g)	Saturated Fat per (g/100g)	Saturated Fat per Food Portion (g)	Salt (g/100g)	Salt per Food Portion (g)
Miscellaneous Dessert Items													
UHT Cream Portions	N/A	188	22	2.7	0.3	3.9	0.5	18.0	2.1	12.7	1.5	0.1	0.0
Half Fat Millac Maid Portions	1	45	6	3.1	0.4	5.1	0.6	1.6	0.2	1.4	0.2	0.1	0.0
Muffins													
Sicilian Lemon Chsck Muffin	N/A	391	508	5.1	6.6	50.9	66.2	18.6	24.2	2.9	3.8	0.7	0.9
Triple Choc Muffin	N/A	382	497	5	6.5	52.5	68.3	16.9	22	3.1	4	0.6	0.8
Fruity Muffin	N/A	318	366	4.1	4.8	48.4	55.7	11.9	13.7	1.2	1.4	0.6	0.7