

Nutrition_Delivery_Pizzas-April 2009

Name of Pizza	Number Pieces/Slices Per Pizza	Energy per 100g (kcal)	Energy per Slice (kcal)	Protein (g/100g)	Protein per Slice of Pizza (g)	Carbohydrate (g/100g)	Carbohydrate per Slice of Pizza (g)	Fat (g/100g)	Fat per Slice of Pizza (g)	Saturated Fat per (g/100g)	Saturated Fat per Slice of Pizza (g)	Salt (g/100g)	Salt per Slice of Pizza (g)
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Margherita

Stuffed Crust	10	248	255	14.0	14.4	31.6	32.5	8.8	9.0	4.9	5.0	1.2	1.2
Medium Italian	8	257	138	10.6	5.7	35.6	19.1	9.4	5.1	4.3	2.3	1.5	0.8
Large Italian	10	251	154	12.2	7.5	31.8	19.6	9.5	5.8	4.5	2.8	1.5	0.9
Medium Pan	8	265	192	11.6	8.4	30.6	22.1	11.8	8.5	4.3	3.1	1.1	0.8
Large Pan	10	261	219	11.6	9.7	29.8	25.0	11.9	10.0	4.3	3.6	1.2	1.0
Cheesy Bites	10	263	270	12.8	13.1	33.1	33.9	10.1	10.4	5.3	5.4	1.5	1.5

Farmhouse

Stuffed Crust	10	222	235	11.8	12.5	30.0	31.7	7.6	8.0	4.0	4.2	1.2	1.3
Medium Italian	8	226	126	10.7	6.0	33.0	18.5	7.1	4.0	2.9	1.6	1.4	0.8
Large Italian	10	225	141	11.5	7.2	32.1	20.1	7.7	4.8	3.3	2.1	1.6	1.0
Medium Pan	8	242	182	11.3	8.5	28.6	21.5	10.4	7.8	3.4	2.6	1.1	0.8
Large Pan	10	242	206	11.4	9.7	29.7	25.3	10.4	8.9	3.3	2.8	1.2	1.0
Cheesy Bites	10	250	266	13.2	14.0	30.7	32.6	9.5	10.1	4.9	5.3	1.5	1.6

Hawaiian

Stuffed Crust	10	217	245	11.0	12.4	30.7	34.6	7.3	8.2	4.1	4.6	1.2	1.4
Medium Italian	8	219	131	10.0	6.0	33.8	20.2	6.5	3.9	2.7	1.6	1.3	0.8
Large Italian	10	217	148	10.6	7.2	31.1	21.3	7.3	5.0	3.2	2.2	1.4	1.0
Medium Pan	8	224	184	10.1	8.3	28.5	23.4	8.9	7.3	2.9	2.4	1.1	0.9
Large Pan	10	262	234	10.6	9.5	32.6	29.2	11.4	10.2	3.0	2.7	1.2	1.1
Cheesy Bites	10	232	253	11.6	12.6	31.2	34.0	7.8	8.5	3.9	4.3	1.4	1.5

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Pepperoni Feast

Stuffed Crust	10	261	300	13.1	15.1	30.4	35.0	11.3	13.0	5.8	6.7	1.3	1.5
Medium Italian	8	270	171	12.4	7.9	30.6	19.4	11.9	7.5	5.3	3.4	1.6	1.0
Large Italian	10	286	195	12.0	8.2	30.8	21.0	14.0	9.6	6.5	4.4	1.7	1.2
Medium Pan	8	279	223	12.6	10.1	26.2	20.9	14.9	11.9	5.7	4.6	1.3	1.0
Large Pan	10	302	278	12.0	11.0	26.4	24.3	17.6	16.2	6.6	6.0	1.4	1.3
Cheesy Bites	10	284	306	15.8	17.0	29.6	31.9	12.4	13.4	5.9	6.4	1.6	1.7

Meat Feast

Stuffed Crust	10	247	301	13.5	16.4	28.0	34.1	10.4	12.7	4.8	5.8	1.4	1.7
Medium Italian	8	257	169	12.0	7.9	29.8	19.6	11.2	7.4	4.7	3.1	1.7	1.1
Large Italian	10	251	187	12.5	9.3	29.6	22.0	10.7	8.0	4.4	3.3	1.6	1.2
Medium Pan	8	262	221	12.2	10.3	28.0	23.6	12.4	10.5	4.5	3.8	1.3	1.1
Large Pan	10	277	275	12.6	12.5	29.1	28.9	13.2	13.1	4.6	4.6	1.4	1.4
Cheesy Bites	10	272	310	13.9	15.8	30.3	34.5	11.4	13.0	5.2	5.9	1.7	1.9

Vegetable Supreme

Stuffed Crust	10	197	246	9.3	11.6	27.8	34.8	6.9	8.6	3.7	4.7	1.0	1.3
Medium Italian	8	196	129	7.8	5.1	30.6	20.2	5.9	3.9	2.4	1.6	1.0	0.7
Large Italian	10	193	143	8.4	6.2	27.9	20.7	6.5	4.8	2.9	2.2	1.0	0.7
Medium Pan	8	241	197	9.9	8.1	30.0	24.5	10.3	8.4	3.1	2.6	0.9	0.7
Large Pan	10	204	206	8.1	8.2	25.7	26.0	9.2	9.3	2.8	2.8	0.8	0.8
Cheesy Bites	10	215	250	10.0	11.6	30.7	35.6	6.9	8.0	3.4	3.9	1.2	1.4

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Chicken Supreme

Stuffed Crust	10	240	293	11.6	14.2	34.8	42.5	7.2	8.8	3.9	4.7	1.0	1.2
Medium Italian	8	203	133	10.9	7.2	28.3	18.6	6.5	4.3	2.7	1.8	1.2	0.8
Large Italian	10	213	158	11.1	1.1	30.7	22.8	6.6	4.9	2.8	2.1	1.2	0.9
Medium Pan	8	219	189	11.2	9.6	26.6	22.9	8.6	7.4	2.9	2.5	1.0	0.9
Large Pan	10	219	216	10.9	10.8	26.1	25.8	9.4	9.3	3.0	3.0	0.9	0.9
Cheesy Bites	10	218	247	11.8	13.4	29.5	33.4	6.8	7.7	3.3	3.7	1.2	1.4

Supreme

Stuffed Crust	10	232	297	11.9	15.2	29.7	38.0	8.6	11.0	4.3	5.5	1.2	1.5
Medium Italian	8	224	155	10.0	6.9	28.8	19.9	9.1	6.3	3.9	2.7	1.3	0.9
Large Italian	10	240	178	11.4	8.4	28.7	21.2	10.3	7.6	4.6	3.4	1.4	1.0
Medium Pan	8	259	232	10.5	9.4	27.0	24.2	13.1	11.8	4.3	3.8	1.2	1.1
Large Pan	10	228	242	10.4	11.0	24.0	25.5	11.6	12.3	4.1	4.4	1.1	1.2
Cheesy Bites	10	251	296	12.6	14.8	29.9	35.2	9.8	11.5	4.7	5.6	1.4	1.6

Super Supreme

Stuffed Crust	10	225	305	11.5	15.6	27.2	36.8	9.3	12.6	4.1	5.6	1.3	1.8
Medium Italian	8	225	170	11.0	8.3	25.3	19.2	10.3	7.8	4.3	3.2	1.4	1.1
Large Italian	10	234	198	11.7	9.9	26.9	22.8	10.2	8.6	4.4	3.8	1.4	1.2
Medium Pan	8	234	234	11.6	11.6	22.9	22.9	12.0	12.0	4.2	4.2	1.2	1.2
Large Pan	10	241	289	10.9	13.1	25.0	30.0	12.1	14.5	3.9	4.7	1.2	1.4
Cheesy Bites	10	241	312	11.9	15.4	29.0	37.6	9.8	12.7	4.5	5.9	1.4	1.8

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Meaty BBQ

Stuffed Crust	10	213	259	12.0	14.6	28.3	34.4	7.4	9.0	3.6	4.4	1.1	1.3
Medium Italian	8	220	154	10.9	7.6	30.0	21.0	7.2	5.0	3.0	2.1	1.4	1.0
Large Italian	10	217	176	11.1	9.0	29.4	23.8	7.4	6.0	3.4	2.8	1.4	1.1
Medium Pan	8	234	215	11.1	10.2	25.9	23.8	9.5	8.7	3.2	2.9	1.3	1.2
Large Pan	10	282	313	10.7	11.9	26.4	29.3	8.3	9.2	2.6	2.9	1.2	1.3
Cheesy Bites	10	245	282	11.3	13.0	31.1	35.8	9.4	10.8	4.5	5.2	1.2	1.4

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The Sizzler- Spicy Beef													
Stuffed Crust	10	234	275	11.1	13.1	32.5	38.2	8.0	9.4	3.9	4.6	1.3	1.5
Medium Italian	8	240	163	10.9	7.4	31.6	21.4	9.0	6.1	4.0	2.7	1.3	0.9
Large Italian	10	223	179	9.6	7.7	33.1	26.6	7.4	5.9	3.4	2.8	1.3	1.0
Medium Pan	8	228	173	10.3	7.8	32.0	24.3	10.1	7.7	3.8	2.9	1.2	0.9
Large Pan	10	250	240	10.5	10.1	29.1	27.9	11.5	11.0	3.8	3.6	1.0	1.0
Cheesy Bites	10	238	266	12.1	13.5	30.4	33.9	9.2	10.3	4.5	5.0	1.3	1.5

The Sizzler- Cajun Chick

Stuffed Crust	10	236	270	11.7	13.4	31.7	36.2	8.6	9.8	4.3	4.9	1.2	1.4
Medium Italian	8	220	147	11.8	7.9	30.2	20.1	7.2	4.8	3.2	2.1	1.3	0.9
Large Italian	10	213	177	11.2	9.3	28.1	23.4	7.4	6.2	3.2	2.6	1.2	1.0
Medium Pan	8	221	166	10.3	7.7	27.3	20.5	9.3	7.0	3.3	2.4	1.1	0.8
Large Pan	10	238	215	10.8	9.8	27.2	24.6	8.8	8.0	3.2	2.9	0.8	0.7
Cheesy Bites	10	232	265	11.4	13.0	33.1	37.7	7.7	8.8	3.8	4.3	1.3	1.5

The Sizzler- Spicy Mushroom

Stuffed Crust	10	210	244	9.7	11.3	31.7	36.9	6.8	7.9	3.4	3.9	1.3	1.5
Medium Italian	8	223	146	10.5	6.9	30.1	19.7	8.2	5.4	3.8	2.5	1.3	0.8
Large Italian	10	209	165	9.3	7.3	31.2	24.6	7.0	5.5	3.1	2.4	1.3	1.0
Medium Pan	8	224	174	9.3	7.2	27.9	21.7	9.6	7.5	3.4	2.6	1.0	0.8
Large Pan	10	225	207	9.1	8.4	28.9	26.6	9.7	8.9	3.2	3.0	1.1	1.0
Cheesy Bites	10	229	257	10.4	11.7	32.0	35.9	7.9	8.9	3.9	4.4	1.2	1.3