

Name of Pizza	Number Slices Per Pizza	Energy per Slice (kcal)	Protein per Slice of Pizza (g)	Carbohydrate per Slice of Pizza (g)	Fat per Slice of Pizza (g)	Saturated Fat per Slice of Pizza (g)	Salt per Slice of Pizza (g)	Sugar per Slice of Pizza (g)
Grated Parmesan Reggiano (added at table according to guest's taste. Average serving 5g.)	N/A	20	1.7	0.0	1.4	1.0	0.08	0.00
Garlic & Chilli Dipping Oil (Added At Table according to guest's taste. Values given per 10ml)	N/A	83	0.2	0.4	9.0	1.3	trace	0.41

**Margherita**

Cheesy Bites	8	337	16.4	42.4	12.9	6.8	1.9	5.1
Individual Italian	4	176	7.9	26.1	5.3	2.7	1.0	2.1
Medium Italian	6	204	8.7	28.4	7.0	3.6	1.0	3.8
Large Italian	8	230	9.5	31.3	8.7	4.1	1.3	5.5
Individual Pan	4	189	8.2	22.8	8.1	2.6	0.8	1.1
Medium Pan	6	256	11.2	29.5	11.4	4.1	1.1	2.0
Large Pan	8	273	12.1	31.2	12.5	4.5	1.3	2.7
Stuffed Crust	8	318	18.0	40.6	11.3	6.3	1.5	6.4

**Farmhouse**

Cheesy Bites	8	332	17.5	40.8	12.6	6.6	2.0	5.3
Individual Italian	4	188	8.8	24.6	6.0	3.1	1.0	0.0
Medium Italian	6	193	8.6	30.1	5.4	2.7	1.2	3.7
Large Italian	8	207	9.4	31.5	6.8	2.9	1.3	5.7
Individual Pan	4	180	8.0	22.3	7.5	2.2	0.8	1.1
Medium Pan	6	242	11.3	28.6	10.4	3.4	1.1	2.0
Large Pan	8	257	12.1	31.6	11.1	3.5	1.3	2.6
Stuffed Crust	8	293	15.6	39.6	10.0	5.3	1.6	6.3

**Hawaiian**

Cheesy Bites	8	316	15.8	42.5	10.6	5.3	1.9	9.0
Individual Italian	4	164	7.0	27.1	4.1	2.0	0.9	3.5
Medium Italian	6	201	9.0	30.5	5.6	2.4	1.2	5.9
Large Italian	8	221	9.9	33.0	7.0	3.0	1.3	9.1
Individual Pan	4	175	8.0	23.5	6.5	2.0	0.8	2.0
Medium Pan	6	245	11.1	31.2	9.8	3.2	1.2	5.9
Large Pan	8	293	11.8	36.4	12.7	3.3	1.3	4.7
Stuffed Crust	8	306	15.5	43.3	10.3	5.7	1.7	10.7

**Pepperoni Feast**

Cheesy Bites	8	382	21.3	39.8	16.7	8.0	2.2	4.6
Individual Italian	4	205	8.3	26.4	8.4	4.0	1.2	2.3
Medium Italian	6	254	11.4	32.5	9.8	4.7	1.4	3.8
Large Italian	8	286	12.5	31.7	13.3	6.3	1.6	5.8
Individual Pan	4	227	9.8	24.1	10.8	3.9	1.0	1.1
Medium Pan	6	297	13.4	27.9	15.9	6.1	1.4	2.2
Large Pan	8	347	13.8	30.3	20.2	7.5	1.6	2.5
Stuffed Crust	8	375	18.8	43.7	16.2	8.3	1.9	6.6

**Supreme**

Cheesy Bites	8	369	18.5	44.0	14.4	7.0	2.1	6.8
Individual Italian	4	204	8.9	27.2	7.5	3.3	1.2	2.3
Medium Italian	6	234	10.5	31.7	9.0	4.0	1.4	3.3
Large Italian	8	264	11.0	33.6	11.0	4.7	1.5	6.6
Individual Pan	4	209	9.3	23.6	9.6	3.0	0.8	1.1
Medium Pan	6	310	12.6	32.3	15.7	5.1	1.4	3.1
Large Pan	8	302	13.8	31.8	15.4	5.5	1.5	3.4
Stuffed Crust	8	371	19.0	47.5	13.8	6.8	1.9	7.7

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**Chicken Supreme**

Cheesy Bites	8	309	16.7	41.8	9.6	4.7	1.7	6.0
Individual Italian	4	169	7.9	26.1	4.4	1.9	1.0	1.9
Medium Italian	6	220	10.5	32.7	6.3	3.1	1.1	4.0
Large Italian	8	217	10.9	32.5	6.4	2.6	1.2	6.9
Individual Pan	4	186	9.4	21.7	8.0	2.3	0.7	1.6
Medium Pan	6	251	12.9	30.5	9.9	3.3	1.1	3.1
Large Pan	8	271	13.5	32.2	11.6	3.8	1.1	3.2
Stuffed Crust	8	367	17.7	53.1	11.0	5.9	1.5	7.3

**Vegetable Supreme**

Cheesy Bites	8	312	14.5	44.6	10.0	4.9	1.7	8.1
Individual Italian	4	160	6.7	25.0	4.7	1.8	0.8	2.5
Medium Italian	6	196	8.2	30.5	6.1	2.7	1.0	4.9
Large Italian	8	222	8.2	36.0	6.3	2.6	1.2	7.8
Individual Pan	4	180	7.2	23.3	7.6	2.0	0.7	0.9
Medium Pan	6	263	10.8	32.7	11.2	3.4	1.0	2.3
Large Pan	8	258	10.2	32.5	11.6	3.6	1.0	5.1
Stuffed Crust	8	308	14.5	43.5	10.8	5.9	1.6	9.1

**Meat Feast**

Cheesy Bites	8	387	19.8	43.1	16.2	7.4	2.4	4.8
Individual Italian	4	220	11.3	26.3	8.8	3.9	1.5	2.1
Medium Italian	6	257	12.9	29.8	10.9	4.8	1.6	3.7
Large Italian	8	279	14.3	30.3	12.7	5.4	1.9	6.0
Individual Pan	4	220	11.2	23.2	9.9	3.5	1.1	1.0
Medium Pan	6	294	13.7	31.5	13.9	5.1	1.5	2.0
Large Pan	8	344	15.7	36.2	16.4	5.8	1.7	3.0
Stuffed Crust	8	376	20.5	42.6	15.8	7.3	2.1	6.1

**BBQ Deluxe**

Cheesy Bites	8	358	16.7	49.0	11.5	5.3	1.9	14.3
Individual Italian	4	185	8.5	26.7	6.1	2.6	1.2	3.8
Medium Italian	6	253	12.6	32.7	8.0	3.7	1.5	9.5
Large Italian	8	239	13.5	28.1	8.0	3.7	1.5	11.6
Individual Pan	4	200	10.0	22.1	7.9	2.7	0.9	2.7
Medium Pan	6	276	12.6	30.9	11.3	3.8	1.3	9.8
Large Pan	8	306	14.4	34.9	12.1	4.3	1.5	13.9
Stuffed Crust	8	337	18.0	49.6	10.4	5.2	1.9	14.9

**Seafood Lovers**

Cheesy Bites	8	328	14.8	43.0	11.6	5.2	1.8	5.9
Individual Italian	4	170	6.5	25.3	5.4	2.0	0.9	2.0
Medium Italian	6	202	8.3	29.1	6.6	2.7	1.1	3.8
Large Italian	8	215	9.2	31.8	6.9	2.8	1.2	5.8
Individual Pan	4	160	7.4	21.6	6.0	2.0	0.8	1.0
Medium Pan	6	233	9.6	27.9	10.4	3.2	1.0	2.2
Large Pan	8	260	11.1	30.0	12.0	3.7	1.2	3.0
Stuffed Crust	8	314	16.2	41.8	10.9	4.9	1.6	5.5

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**Super Supreme**

Cheesy Bites	8	393	20.1	43.6	16.2	7.4	2.4	5.8
Individual Italian	4	260	13.5	26.6	11.0	5.0	1.4	n/a
Medium Italian	6	267	13.2	31.2	11.5	4.8	1.5	3.2
Large Italian	8	281	13.6	31.3	13.2	5.4	1.7	8.5
Individual Pan	4	228	11.5	23.9	10.9	3.5	1.2	1.0
Medium Pan	6	323	14.4	28.9	18.5	5.9	1.6	2.1
Large Pan	8	346	16.9	33.3	17.7	6.2	1.8	3.8
Stuffed Crust	8	366	19.6	41.6	16.5	7.1	2.0	6.3

**Vegetarian Hot One**

Cheesy Bites	8	302	14.0	43.2	10.1	4.9	1.6	7.7
Individual Italian	4	164	6.3	26.8	4.5	2.0	0.9	2.8
Medium Italian	6	188	9.1	28.9	5.4	2.5	0.9	5.1
Large Italian	8	165	8.5	21.7	6.7	2.9	1.1	15.5
Individual Pan	4	174	7.2	24.4	6.0	1.9	0.7	1.5
Medium Pan	6	234	9.7	30.6	9.9	3.2	0.9	3.4
Large Pan	8	290	11.8	37.3	12.1	3.4	1.1	4.3
Stuffed Crust	8	334	16.2	48.5	11.1	5.7	1.6	10.3

**Happy Hour Pizzas**

Margherita Pan	4	201	8.2	20.5	9.4	3.6	0.8	1.1
Margherita Italian	4	187	8.4	23.3	6.9	3.1	0.9	2.4
Ham & Sweetcorn Pan	4	190	8.2	21.0	8.2	2.7	0.9	1.1
Ham & Sweetcorn Italian	4	176	8.2	23.8	5.6	2.3	1.0	2.3
Pepperoni & Jalapeno Pan	4	198	7.6	20.3	9.6	3.4	1.0	1.0
Pepperoni & Jalapeno Italian	4	185	7.6	23.1	7.1	3.0	1.2	2.3
Pepper & Mushroom Pan	4	180	6.9	20.2	7.9	2.7	0.7	1.0
Pepper & Mushroom Italian	4	166	6.9	23.0	5.4	2.3	0.8	2.2
Chicken & Onion Pan	4	191	8.8	20.9	8.1	2.7	0.8	1.4
Chicken & Onion Italian	4	177	8.8	23.6	5.6	2.3	0.9	2.7

**Tuscani Pizzas (unsliced)**

Pollo Piccante	1	729	38.2	88.6	25.3	11.3	3.4	13.6
Portobello Formaggio	1	799	32.9	80.6	39.5	21.4	3.8	6.9
Diavolo	1	827	35.1	81.0	40.3	15.0	4.7	7.6
BBQ Americano	1	801	42.0	91.6	30.6	13.6	5.5	14.8
Chargrilled Veg	1	703	30.1	79.3	28.2	12.0	3.11	11.7
Prawn Fresca	1	763	37.8	72.0	35.3	18.1	3.86	4.7
Prosciutto & Rocket	1	665	29.5	81.9	24.1	12.6	2.4	10.8
Pollo Portobello	1	869	40.7	73.1	45.4	19.3	3.7	4.5
Carne Amanti	1	956	47.0	76.0	50.1	21.5	6.8	8.5
Caprino	1	849	35.5	87.8	37.9	18.3	4.4	20.0